

Harrington Nature Reserve

7



Open and accessible to all



Time

15 - 30 mins

Distance

1.6km (1 mile)

Steps

Approx 2,000

Route

Tarmac and loose gravel

Start point

St. Mary's School,
Moorclose Road
CA14 5LN

Parking

Layby off
Moorclose Road

Bus routes

46/46B

Walk category

Easy

This route sets out on a good solid path around the reservoir then follows a wide grass and gravel path alongside Eller Beck through woodland, but it can get boggy after wet weather and may not be suitable for wheels. Return through the woodland and across the dam to the main entrance.

Harrington Nature Reserve is one of two Local Nature Reserves (LNRs) in the Workington area and is great for a quick and easy, enjoyable stroll, covering one mile. It consists of a disused reservoir and the narrow wooded valley of Eller Beck. The reservoir is home to many semi – tame wildfowl, so keep a look out (you can look on the information board at the entrance for details on what to look out for). Although much of the route is immediately next to housing (Brierydale Estate) this is, for the most part, not very obvious and you get the feeling you're away from it all as part of the walk is through pleasant woodland.

Depending on your level of fitness it will take:



Under 30 mins
(2 miles per hour)



Under 20 mins
(3 miles per hour)



Under 15 mins
(4 miles per hour)

Route description

Enter the reserve by the main entrance opposite St Mary's RC School. Cross the bridge and turn right, heading down a gentle graded path alongside manmade cascades on the River Wyre.

Follow the path around the park to the left and walk up the ramp on the far side back up to the dam. On reaching the water take the path to the right, passing the reserve on your left and at the end of the tarmac path cross a small bridge and continue on the grassy path past the houses of Brierydale.

Follow Eller Beck upstream and enter woodland. At the end of the trail you will arrive at a second flight of steps (you don't go up any!), here you retrace the journey along the water's edge back to the reservoir. This time cross the dam by the path on your right back over the bridge to the main entrance.

